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Advices and Queries for Seventh Month: REACHING OUT

Friends fellowship begins and is nurtured within the home and Meeting. It reaches greater fulfillment as we carry our beliefs into the wider community.

Share your Quaker faith. Take time to learn about other people's experiences of the Light and, as you learn, give freely from what you have gained. Respect the experiences and opinions of others, but do not be afraid to say what you value. Welcome the diversity of culture, language, and expressions of faith in your Monthly Meeting, the Yearly Meeting, and the world community of Friends. Encourage discourse with Friends of pastoral and programmed traditions, and with members of other faiths.

Friends have a long history of involvement in public and private education, sharing our values with the world and nurturing future generations. Be mindful of the needs of children in your community and of avenues for deepening understanding between peoples.

How does my life reflect Friends beliefs and thus encourage others to be interested in the Religious Society of Friends?

Do I respond openly to inquiries about Quaker experience and belief?

What does our Meeting do to make others aware of Friends principles and practices?

What are we doing to help people of various races, cultures, and backgrounds feel at home among us and we among them?

How do we encourage newcomers to return and participate in activities of the Meeting?

In what ways do we participate in the life of the interfaith community and in the wider fellowship of Friends?

† Some queries are intended for individuals.
 Italicized queries are intended for the Meeting collectively.

SUNDAY MORNING SCHEDULE

- 9:00 to 10:00 am Adult Education, New Meeting House (NMH), 1st & 3rd First Days & on 4th & 5th First Days by arrangement.
- 10:00 to 10:25 Hymn Singing at NMH.
- 10:30 to 11:30 Meeting for Worship at New Meeting House.**
- 10:30 to 11:15 First Day School for children in Old Meeting House (OMH – n.b., also now known as the “School House”).
- 11:15 to 11:30 Children join adults for Meeting for Worship in NMH
- 11:30 to 11:45 Introductions and announcements

MONTHLY MEETING FOR BUSINESS is held on the second First Day of the month, following light refreshments after Meeting for Worship. The next Business Meeting will be on July 14, 2013.

- WORSHIP SCHEDULE (in NMH):
- Meeting for Worship – each First Day at 10:30 AM.
 - Mid-Week Evening Worship – each Wednesday at 6:00 PM.
 - Mindfulness Meditation – each Thursday at 7:15 AM

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CALENDAR

JUN (6TH MONTH)

- 23 Sun 10:30 - 11:30 am Meeting for Worship – NMH.**
- 23 Sun noon Fourth First Day Provided Lunch – (see note below).
- 26 Weds 7:30 am Mindfulness Meditation – NMH (**note change in day of week** – also see note below).
- 26 Weds 6:00 pm Midweek Meeting for Worship – NMH.**
- 30 Sun 9:00 am Adult Ed. – Reading & Discussion – NMH (see note below).
- 30 Sun 10:30 - 11:30 am Meeting for Worship – NMH.**

JUL (7TH MONTH)

- 3 Weds 7:30 am Mindfulness Meditation – NMH (**note change in day of week** – also see note below).
- 3 **Weds 6:00 pm Midweek Meeting for Worship – NMH.**
- 7 Sun 9:00 am Adult Ed. – Reading & Discussion – NMH (see note below).
- 7 **Sun 10:30 - 11:30 am Meeting for Worship – NMH.**
- 10 Weds 7:30 am Mindfulness Meditation – NMH (**note change in day of week** – also see note below).
- 10 **Weds 6:00 pm Midweek Meeting for Worship – NMH.**
- 14 **Sun 10:30 - 11:30 am Meeting for Worship – NMH.**
- 14 Sun noon Light lunch provided prior to Meeting for Business - OMH.
- 14 Sun 12:15 pm Meeting for Business – NMH (see note above).
- 17 Weds 7:30 am Mindfulness Meditation – NMH (**note change in day of week** – also see note below).
- 17 **Weds 6:00 pm Midweek Meeting for Worship – NMH.**
- 18 Thurs 7:00 pm Care and Concerns Committee Meeting – Library (see note below).
- 21 Sun 9:00 am Adult Ed. – Reading & Discussion – NMH (see note below).
- 21 **Sun 10:30 - 11:30 am Meeting for Worship – NMH.**
- 21 Sun 11:45 am Collection for Ecumenical Hunger by Community Service Committee – NMH (see note below).
- 21 Sun [*Deadline for submittal of Newsletter articles - if email send to moriii@yahoo.com.]*
- 24 Weds 7:30 am Mindfulness Meditation – NMH (**note change in day of week** – also see note below).
- 24 **Weds 6:00 pm Midweek Meeting for Worship – NMH.**
- 28 **Sun 10:30 - 11:30 am Meeting for Worship – NMH.**
- 28 Sun noon Fourth First Day Provided Lunch – (see note below).
- 31 Weds 7:30 am Mindfulness Meditation – NMH (**note change in day of week** – also see note below).
- 31 **Weds 6:00 pm Midweek Meeting for Worship – NMH.**

CALENDAR EXPANSION – DETAILS

*** STANFORD QUAKER ACTIVITIES: Stanford students interested in on-campus activities may contact Talley Kenyon at talleykenyon@gmail.org. The group has shelf space in the CIRCLE Library and we would love to add your favorite Quaker book to the shelf. Books we have already received: <http://bit.ly/qbooklist>.

*** ADULT EDUCATION DISCUSSION: **Reading and Discussion** led by Henry Jason each 1st, 3rd, and 5th Sunday at 9 am – NMH. We are reading and discussing a 1648 book written by Robert Wilkinson entitled The Saint's Travel to the Land of Canaan: Wherein are Discovered Seventeen False Rests Short of the Spiritual Coming of Christ in the Saints: Together with a Brief Discovery of What the Spiritual Coming of Christ is, Who is the Alone Rest and Centre of Spirits. All are welcome No preparation is necessary. A pdf of the work is available; please inquire if interested in acquiring a copy. Contact Henry Jason.

*** COLLECTION FOR ECUMENICAL HUNGER PROGRAM (EHP): Community Service Committee the EHP after the rise of Meeting each *third* First Day – at the front door. EHP is a vital part of the local safety net providing emergency food, clothing, case management, household essentials, and resource referrals to families in need in East Palo Alto, Menlo Park, and Palo Alto. Second Harvest brings a truckload of fresh produce 12 times a year, on the first Tuesday. Meeting collected \$196.00 in contributions for EHP in June.

*** VOLUNTEER MEAL PREPARATION FOR HOMELESS - OPPORTUNITY FOR COMMUNITY SERVICE: We help prepare the food and serve it to the Homeless at the First Methodist Church in Palo Alto (corner of Hamilton & Webster) one Monday a month from 3:00 to 6:30 p.m. 2013 schedule: July 8, Aug. 12, Sept. 16, Oct. 21, Nov. 18, Dec. 23. Please contact Marie Simirenko at (650) 961-1724 if you wish to volunteer. Thanks!

*** WEDNESDAY MORNING MINDFULNESS MEDITATION: (formerly on Thursday morning) - newcomers welcome. Doors open at 7:30 am with quiet music. At 7:30 am, we have a short Buddhist guidance, and a half-hour meditation. Afterwards, we discuss how the meditation was for us, finishing at 8:15 or 8:30. We are following the teachings of the Vietnamese Buddhist monk, Thich Nhat Hanh, similar to Quaker philosophy but with additional insights. We discuss meditation technique, which is also helpful to people on Sunday!

*** FOURTH FIRST-DAY PROVIDED LUNCH: PAFM provides a lunch on **fourth** First Day. This allows Friends an opportunity to get to know each other better. Friends, attenders, visitors, and newcomers are all welcome.

A special table is set aside for newcomers to meet with Friends and find out more about Quakerism and about our Meeting, its members & activities, as well as an opportunity for us to know you better. A member of Care & Concerns will be at the table. All newcomers are welcome - as are any Friends who might be inclined to join the gathering. The term "newcomers" includes those who have recently begun attending, as well as those who feel "new" to the Meeting, regardless of how long they have been attending.

*** SUPPORT & CONCERNS: If you have wondered what Friends do when we are in distress or need help, given that we do not have a minister - the answer is that we turn to members of the Care and Concerns Committee. Be advised that the greeters you see each First Day are on the Care and Concerns Committee. Please feel free to talk to a member of Care and Concerns about such concerns after meeting, by phone, or email. You may also join us to express concerns during the first segment of our usual

meeting on the third Thursday of the month at 7 pm in the Meetinghouse Library. Please contact the clerk Mary Pat O'Connell (650-941-8287, mpoconnell@stanfordalumni.org) to confirm that there are no meeting changes and ensure time on the agenda.

*** JULY 28 4TH FIRST DAY LUNCH - volunteers are asked to bring additional dishes (soup & bread are provided), as no committee is sponsoring lunch this month. See note about visit by FCNL Executive Secretary Diane Randall.

*** Friends are reminded that there are those among us who have allergies, often severe. We must avoid certain food products especially in the School House because of the allergies of children attending Friends Nursery School. Some among us are also allergic to artificial fragrances (perfumes, colognes, after-shaves).

NEWS OF PEOPLE AND EVENTS

VISIT BY DIANE RANDALL: Diane Randall, the Executive Secretary of the Friends Committee on National Legislation will be visiting Palo Alto on her way to Pacific Yearly Meeting. She will be at Palo Alto Meeting for worship and 4th First Day lunch, July 28th. Diane is invited to sit at a lunch table with FCNL supporters and informally talk with anyone who stays after lunch.

Multifaith Voices for Peace & Justice will sponsor a more formal presentation the evening of July 28th in the Fireside Room of the Unitarian-Universalist Church (505 East Charleston Road, about a mile from the Meetinghouse). We will have a potluck dinner there starting at 6, with about an hour for a presentation and Q&A ending at 8 pm. For information, contact Eric Sabelman (650-322-2455; eesabelman@gmail.com).

BUILDINGS & GROUNDS : Next **B&G WORKDAY : Saturday, July 20, from 9 a.m to 12:30. Hope you can join us for Work, Fellowship, and Snacks!**

Workday Report for May 11, 2013 We began with STRETCHING on the back patio in the a.m. sun.

- KITCHEN: thoroughly cleaned up & organized including Hospitality Supplies.
- HARVEST FESTIVAL BINS: Cleaned out and returned to shed
- LOBBY FLOOR: gum cleaned up
- OUTDOOR LIGHTS: Fixed
- ZEN GARDEN: Cleaned up, pine thinned, new path over bank
- NATIVE GARDEN: New path to Redwood Grove
- REDWOOD by Parking Lot: Lower branches removed/ canopy lifted
- NMH SIGN : Shrubs behind fence pruned back, thinned
- COMPOST BIN: Turned, cleaned up, watered
- GRAB BARS for TOILET STALLS: Researched

We ended with WORSHIP in Redwood Grove

SAVE THE DATE: MEETING PICNIC: Don't miss this. On Sunday, August 25th, we will have an all Quaker Friends picnic at Seale Park in Palo Alto after the rise of Meeting. This will be the location of our 4th Sunday provided lunch for August. The El Salvador Committee will provide lunch, Care and Concerns and the Quaker Quest Core Working Group are handling the logistics, and our young people plan to have some activities to get us up off our feet and having some fun as well as good food. We'll be walking over about 11:30 a.m., so if you can't be at worship, do join us at the park. See you - 11:45 a.m, Seale Park, Palo Alto.

HARVEST FESTIVAL CANNING SESSION: The Harvest Festival committee wants to have a canning session for the Harvest Festival on Saturday, August 17th from 10-2 p.m.

Please contact Claire Arnold if you can donate fruit, want to help prepare fruit, want to learn how to can or would be willing to teach others.

If you would like to donate sugar, pectin or glass jars please sign up on the sign up sheet in the foyer.

Contact Claire by email claire_a_2006@hotmail.com or call her 408 996 1746

NEWS FROM AFSC: Decision Time on Two Prison Issues – 1.Overcrowding Two pressing prison issues will come to a head in June and July which Friends should be apprised of. One is that the appeals court has refused Governor Brown's attempts to end the court order requiring him to reduce the prison population by another 9,000 prisoners. This means he has to proceed, though he is doing so very reluctantly. Californians United for a Responsible Budget, (CURB) a coalition in which AFSC plays an active role, has put together proposals that could easily implement the court requirements, save the state hundreds of millions of dollars, and help prisoners transition more realistically back to society. Unfortunately the Governor's plans rely more heavily on adding more capacity, often in the form of greater use of private prisons, and only tepid attempts at releasing elderly and seriously infirm people back to the community. He also recommends greater use of good time credits, a positive incentive for people to prepare for release, but excludes many categories of prisoners who should be given these incentives.

This would be a good time to write to the Governor urging him to look at the CURB proposal and work with legislators to implement these proposals. Go to www.curbprisonspending.org for details. Be sure your message includes a plea that no new prisons be built when we know that their recidivism rates are over 70%, and we need more realistic solutions.

2.Indefinite Isolation Secondly, prisoners in solitary confinement are planning to resume their hunger strike to protest the use of indefinite isolation. The date for the renewed strike is July 8. Many events are being planned around the state so support the prisoners. For events near you go to <http://www.stoptortureca.org/#> AFSC has partnered with the National Religious Campaign Against Torture to raise awareness about solitary confinement, as a form of torture, among faith communities. We have materials, films and speakers to offer. Please contact Laura Magnani, (415) 565-0201 Ext. 11 at AFSC, lmagnani@afsc.org to schedule something.

NRCAT: Torture is a Moral Issue The National Religious Campaign Against Torture has distributed this request. Apologies for the late distribution: Dear Friends: Please call your Representative now. Later today and tomorrow the House will vote on amendments to the FY 2014 National Defense Authorization Act (NDAA). During this process, the House will vote on an amendment by Representatives Smith and Gibson that would prohibit the use of indefinite military detention without trial for people detained in the United States because of a suspected affiliation with terrorism. Also, the House will vote on a separate amendment by Representative Smith that would provide a framework for closing the prison at Guantanamo Bay. Please call the Capitol Switchboard at 202-224-3121 and ask to speak with your Representative.

Israel/Palestine: AFSC program director for Israel/Palestine organizing, Dalit Baum, is due back from four months in Jerusalem at the end of June. Now is the time to invite her to come to speak to your group. It isn't easy to get on her schedule because she is always in demand so check with the calendar gurus in your Meeting/Church and call Dalit (pronounced Daleet) at (415) 565-0201 Ext. 26.

JULY 2013 NEWS FROM BEN LOMOND QUAKER CENTER: Do you know any high school age teens who are interested in **nonviolent direct action, peace, and adventure**? Make it possible for them to attend **Peace Action Camp from July 21st - 27th** at the LaJolla Friends Meetinghouse. Rising 10th - 12th grade teens will explore border issues as they relate to Friends' testimonies around peace, justice and environmental stewardship with inward and outward nonviolence, including nonviolent direct action, community service, and outdoor adventure.

Camp fun isn't just for kids! Everyone is welcome to our annual **Family Work Camp from Sunday, August 4th through Friday, August 9th**. We will work each morning and until lunch time, and then spend our afternoons and evenings enjoying the redwood forest, taking naps, playing music and singing, doing crafts, playing games, and even take a few outings nearby. Put your hands and hearts to work on improvements to Quaker Center facilities while building community across generations.

Meetings can purchase an Annual Pass to Quaker Center for \$1200 and **send one person to every Quaker Center program including our summer camps!** Register for all Quaker Center programs online, <http://www.quakercenter.org/programs/register>.

UPDATE FROM FRIENDS COMMITTEE ON LEGISLATION OF CALIFORNIA: Good news from Sacramento! Two bills that FCLCA is co-sponsoring have passed the Senate and have moved on to the Assembly. Senate Bill 260 will provide people who were juveniles at the time of their offense (some as young as 14 or 15) an opportunity to work toward rehabilitation and to be considered for resentencing after they serve 10 years. Many are now sentenced to decades or 25 years to life in prison. Senate Bill 649 gives local prosecutors the option to charge simple drug possession for personal use as a misdemeanor rather than as a felony. It could free up millions of dollars for drug treatment. Additionally, Senate Bill 61, which restricts solitary confinement for juveniles, has also passed the Senate and our legislative director, Jim Lindburg has joined with our allies in actively lobbying legislators for its passage. More info on legislation and FCLCA is available at www.fclca.org, where you can also sign up for our Action Alerts to send a message directly to your legislator at the critical time.

FCLCA also invites Friends Meeting members and attendees to contribute to our Spring Fund Drive. FCLCA needs your support to bridge a funding gap of about \$224,000 to meet the annual expenses that allow us to be your voice of conscience at the Capitol. We invite you to give a gift or become a monthly sustainer at \$10 or more a month, online at www.fclca.org. Contact: Kevan Insko, Kevan@fclca.org; 916 443-3734.

SB 260, if we can get it passed, will provide people who were juveniles at the time of their offense (some as young as 14 or 15) an opportunity to work toward rehabilitation and to be considered for resentencing after they serve 10 years. Many are now sentenced to decades or 25 years to life in prison.

Our second co-sponsored bill, SB 649, has also passed the Senate. This bill gives local prosecutors the option to charge simple drug possession for personal use as a misdemeanor rather than as a felony. It could free up millions of dollars for drug treatment.

THE PEACE AND JUSTICE CALENDAR: A service of the Peace, Earthcare, and Social Witness Committee of Strawberry Creek Friends Meeting, this calendar is posted for easy reference: <http://groups.google.com/group/bayareaquakers>

CHILDCARE DURING MEETING FOR BUSINESS: During monthly Meeting for Worship on the Occasion of Business, childcare will be provided for all age children from 12:15 to 1:45 pm in the School House. The regular staff for the preschool program, Jadranka Tanovic and Sangeta Tamang, provide the childcare. Advance sign-up is not required, but children should be in the program by 12:30. (If no children show up, the staff will leave at 12:45.)

RIDES TO/FROM MEETING: Care and Concerns Committee keeps a list of people seeking rides and a list of people who are willing to offer rides to and/or from Meeting on either a regular or occasional basis. Contact anyone on the committee if you or someone you would like to be on either list.

THE PENINSULA PEACE AND JUSTICE CENTER: The Center's Calendar is at: <http://www.peaceandjustice.org>

HELP CENTRAL AMERICAN REFUGEES WHILE YOU HELP YOURSELF: Reliable, hard-working men and women need jobs while they rebuild their lives. SBSC Job Hotline: (650) 494-8340.

CAR FOR SALE: I will be replacing my trusty Toyota with a small pickup truck. The Toyota would like to go to someone who appreciates a blue Corolla station wagon and treats her kindly despite her age (1991) and mileage (179300). She will need some work in the near future (brakes, windshield) but runs fine and is very reliable. Power brakes & steering; 1.6 L DOHC engine; 20-26 mpg. Best offer over \$500 (about 1/3 of Blue Book price). Comes complete with a fitted cover bought at Harvest Festival and "War is Not the Answer" bumper sticker. Contact Eric Sabelman (650-322-2455; eesabelman@gmail.com).

To Submit Newsletter Items: See the Schedule on page 2 for the deadline for the next issue. You may *e-mail* Newsletter submissions to newsletter@pafm.org or moriii@yahoo.com If you wish to receive the newsletter by email - or wish to discontinue - please visit <http://lists.pafm.org/listinfo.cgi/newsletter-pafm.org>. [Ed.'s note: If you sign up to receive the Newsletter by email, make sure to put the following address in your email address book: moriii@yahoo.com. The NL is sent out from that address. Some email "Spam" filters may reject such a message if the sender address is unknown.]

If you have an e-mail address, please join our Meeting's e-mail discussion list. To subscribe - visit <https://mailman.stanford.edu/mailman/listinfo/pafriends>. To post a message to all on the list, send the message to pafriends@lists.stanford.edu. If you have any questions, contact Jerry McBride jlmcbridemail@yahoo.com 964-2869.
