



Please think Green before printing this e-mail

PALO ALTO FRIENDS NEWSLETTER

Ninth Month, 2014

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Advices and Queries for Ninth Month: Integrity and Personal Conduct

... let your yea be yea, and your nay, nay. James 5:12, King James Version

Integrity has always been a goal of Friends. It is essential to trust, to all communication between people and between people and God. Integrity grounds our beliefs, thoughts, and actions in our spiritual center and makes us whole.

Friends believe that we are called to speak the truth. A single standard of truth requires us to conduct ourselves in ways that are honest, direct, and plain, and to make our choices, both large and small, in accord with the urgings of the Spirit. It follows that we object to taking an oath, which presupposes a variable standard of truth. Be true to your word.

From early days Friends have opposed gambling and practices based on chance. These activities profit from the inevitable loss of others, promote greed, and conflict with good stewardship. Public lotteries have not furthered their purported benefit to the public good. All addictions are of concern.

As the use of alcohol and tobacco all too often entail serious risks to self and others, Friends who serve alcohol at home should be diligent in offering alternatives. Alcohol should not be served at Meeting gatherings. Find recreation that brings you joy and energy. Be aware of how your choices affect yourself and others.

- How do I strive to maintain the integrity of my inner and outer lives?
- Do I act on my principles even when this entails difficult consequences?
- Am I honest and truthful in all that I say and do, even when a compromise might be easier or more popular?
- Am I reflective about the ways I gain my wealth and income and sensitive to their impacts on others?
- Is my life so filled with the Spirit that I am free from the misuse of alcohol and other drugs, and of excesses of any kind?
- Do we, in our Meeting, hold ourselves accountable to one another as do members of a healthy family?

SUNDAY MORNING SCHEDULE

- 9:00 to 10:00 am Adult Education, New Meeting House (NMH), 1st & 3rd First Days & on 4th & 5th First Days by arrangement.
- 10:00 to 10:25 Hymn Singing at NMH.
- 10:30 to 11:30 Meeting for Worship at New Meeting House.**
- 10:30 to 11:15 First Day School for children in Old Meeting House (OMH – n.b., also now known as the “School House”).
- 11:15 to 11:30 Children join adults for Meeting for Worship in NMH
- 11:30 to 11:45 Introductions and announcements

MONTHLY MEETING FOR BUSINESS is held on the second First Day of the month, following light refreshments after Meeting for Worship. The next Meeting for Business will be held on September 14, 2014.

- WORSHIP SCHEDULE (in NMH):
- Meeting for Worship – each First Day at 10:30 AM.
 - Mid-Week Evening Worship – each Wednesday at 6:00 PM.
 - Mindfulness Meditation – each Wednesday at 7:30 AM.

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CALENDAR

AUG (8TH MONTH)

- 24 Sun 10:30 - 11:30 am Meeting for Worship – NMH.**
- 24 Sun noon Fourth First Day Provided Lunch – (see note below).
- 27 Weds 7:30 am Mindfulness Meditation – NMH (see note below).
- 27 Weds 6:00 pm Midweek Meeting for Worship – NMH.**
- 31 Sun 9:00 am Adult Ed. – Reading & Discussion – NMH.
- 31 Sun 10:30 - 11:30 am Meeting for Worship – NMH.**

SEP (9TH MONTH)

- 3 Weds 7:30 am Mindfulness Meditation – NMH (see note below).
3 Weds 6:00 pm Midweek Meeting for Worship – NMH.
7 Sun 9:00 am Adult Ed. – Reading & Discussion – NMH (see note below).
7 Sun 10:30 - 11:30 am Meeting for Worship – NMH.
10 Weds 7:30 am Mindfulness Meditation – NMH (see note below).
10 Weds 6:00 pm Midweek Meeting for Worship – NMH.
14 Sun 10:30 - 11:30 am Meeting for Worship – NMH.
17 Weds 7:30 am Mindfulness Meditation – NMH (see note below).
17 Weds 6:00 pm Midweek Meeting for Worship – NMH.
18 Thurs 7:00 pm Care and Concerns Committee Meeting ?????
21 Sun 9:00 am Adult Ed. – Reading & Discussion – NMH (see note below).
21 Sun 10:30 - 11:30 am Meeting for Worship – NMH.
21 Sun 11:45 am Collection for Ecumenical Hunger by Community Service Committee – NMH (see note below).
21 Sun [*Deadline for submittal of Newsletter articles - if email send to moriii@yahoo.com.*]
24 Weds 7:30 am Mindfulness Meditation – NMH (see note below).
24 Weds 6:00 pm Midweek Meeting for Worship – NMH.
27 Sat 9 am-4pm Harvest Festival – Meetinghouse Grounds (see note below).
28 Sun 10:30 - 11:30 am Meeting for Worship – NMH.
28 Sun noon Fourth First Day Provided Lunch – (see note below).

CALENDAR EXPANSION – DETAILS

*** ADULT EDUCATION DISCUSSION: **Reading and Discussion** led by Henry Jason each 1st, 3rd, and 5th Sunday at 9 am – NMH. We are reading a 1794 work entitled “Some Account of the Convincement and Religious Progress of John Spalding, Late of Reading”. In this work Spalding describes his conversion from Anglicanism to Quakerism and his reasons for doing so. The work gives a good description of traditional, classical Quaker principles and beliefs. All are welcome. No preparation is necessary. Please inquire, if interested in acquiring a copy. Contact Henry Jason.

*** COLLECTION FOR ECUMENICAL HUNGER PROGRAM (EHP): Community Service Committee the EHP after the rise of Meeting each *third* First Day – at the front door. EHP is a vital part of the local safety net providing emergency food, clothing, case management, household essentials, and resource referrals to families in need in East Palo Alto, Menlo Park, and Palo Alto. Second Harvest brings a truckload of fresh produce 12 times a year. Meeting collected \$85 in EHP contributions in July and \$219 in August.

*** VOLUNTEER MEAL PREPARATION FOR HOMELESS - OPPORTUNITY FOR COMMUNITY SERVICE: We help prepare the food and serve it to the Homeless at the First Methodist Church in Palo Alto (corner of Hamilton & Webster) one Monday a month from 3:00 to 6:30 p.m. on 8/25, 9/29, 11/3, and 12/8/14. Please contact Catherine Bock at tinki-bock@gmail.com if you wish to volunteer. Thanks!

*** WEDNESDAY MORNING MINDFULNESS MEDITATION: (formerly on Thursday morning) - newcomers welcome. Doors open at 7:30 am with quiet music. At 7:30 am, we have a short Buddhist guidance, and a half-hour meditation. Afterwards, we discuss how the meditation was for us, finishing at 8:15 or 8:30. We are following the teachings of the Vietnamese Buddhist monk, Thich Nhat Hanh, similar to Quaker philosophy but with additional insights. We discuss meditation technique, which is also helpful to people on Sunday!

*** FOURTH FIRST-DAY PROVIDED LUNCH: PAFM provides a lunch on *fourth* First Day. This allows Friends an opportunity to get to know each other better. Friends, attenders, visitors, and newcomers are all welcome.

A special table is set aside for newcomers to meet with Friends and find out more about Quakerism and about our Meeting, its members & activities, as well as an opportunity for us to know you better. A member of Care & Concerns will be at the table. All newcomers are welcome - as are any Friends who might be inclined to join the gathering. The term "newcomers" includes those who have recently begun attending, as well as those who feel "new" to the Meeting, regardless of how long they have been attending.

*** SUPPORT & CONCERNS: If you have wondered what Friends do when we are in distress or need help, given that we do not have a minister - the answer is that we turn to members of the Care and Concerns Committee. Be advised that the greeters you see each First Day are on the Care and Concerns Committee. Please feel free to talk to a member of Care and Concerns about such concerns after meeting, by phone, or email. You may also join us to express concerns during the first segment of our usual meeting on the third Thursday of the month at 7 pm in the Meetinghouse Library. Please contact the clerk Bill Bauriedel (bill.bauriedel@stanfordalumni.org, 650-493-1364,) to confirm that there are no meeting changes and ensure time on the agenda.

*** Friends are reminded that there are those among us who have allergies, often severe. We must avoid certain food products especially in the School House because of the allergies of children attending Friends Nursery School. Some among us are also allergic to artificial fragrances (perfumes, colognes, after-shaves).

NEWS OF PEOPLE AND EVENTS

48TH ANNUAL HARVEST FESTIVAL: Sat, Sept. 27 from 9am to 4pm. Live music, food, a huge used book sale, treasures, and a large rummage sale for adults and children!

FOOD, FUN & FREE ENTERTAINMENT:

- Live Jazz, Folk, Blues, Classical, and World Music all day plus Storytelling, on the main stage
- Children's activities (cont'd)
- Fabulous selection of homemade cookies, cakes, pies, and brownies
- Fresh-squeezed lemonade; Popcorn
- Lunch for sale, and more

DVDs of PAUL SEAVER'S ADULT EDUCATION SESSIONS: Stratton Jaquette made extra DVDs of his recording of Paul's four recent Adult Education sessions "The Explosive Emergence of the Quaker Movement in Revolutionary England, 1640-1660". If you have finished viewing one you borrowed, please return it to the Archivist/historian mail slot in the office. If you would like to borrow one, check that same mail slot and take one you want to use if you can find it.

THE SCHOOL OF THE AMERICAS PROTEST: will take place November 21-23 in Fort Benning, GA. For help with travel arrangements: 202-234-3440; FB/schooloftheamericaswatch; [Twitter@SOAWatch](#); #ClosetheSOA

The march supports legislation to close School of the Americas, which several times came close to passage. The original protest was held on this date in 1989 to protest the assassination of six Jesuit priests and their housekeeper in San Salvador by a battalion trained at the School of the Americas.

When I [Trudy Reagan] attended in 2007, 20,000 attended! Many workshops were held on subjects like nonviolence training, reforming criminal justice in the US, and Central American/American history. Events were the march, honoring each person slain because of US intervention (vivid protest theatrics), and second, a "vendor fair" of all the participating organizations. Some took side trips to Montgomery, AL, to visit civil rights shrines.

CAN YOU BELIEVE IT? The police are trying to stop us from holding the 25th annual November Vigil to Close the School of the Americas at the gates of Fort Benning, Georgia. Join me in signing this petition to the Columbus Police Chief and urge them to protect our First Amendment rights: <http://SOAW.org/petition>

SEPTEMBER 2014 NEWS FROM BEN LOMOND QUAKER: In collaboration with Western Friend, Quaker Center is now accepting applications for a new part-time, **Administrative Assistant position to serve both organizations.** Find out more and how to apply at

<http://www.quakercenter.org/about-us/employment-opportunities/>

Prepare for creative ways to make a difference by joining us for ***Telling Stories for Social Justice*** with **Lucy Duncan and Roxanne Seagraves from September 5 – 7th**. Uncover the narratives that reinforce the status quo and tell stories that provide pathways to a transformed future. Draw from our spiritual roots to examine what gets us stuck, and learn tools to help us move forward in the conviction that we are One. Learn more about the program and register online at <http://www.quakercenter.org/telling-stories-for-social-justice/>.

Join Laura Magnani and her American Friends Service Committee colleague, Jerry Elster from October 3rd – 5th, for ***The Violence of Mass Incarceration: Our Prison System as the New Jim Crow***. We'll explore the dynamics of mass incarceration spiritually and socially, focusing on the advocacy work being done, and yet to be done, by Friends. Laura and Jerry will facilitate conversations and exercises examining the system as it is, our attitudes about it, and directions that are opening up for significant change. Get more information and register online at <http://www.quakercenter.org/the-violence-of-incarceration/>.

Come and explore the relevance of the personal transformation of early Friends with **Diego Navarro as we look at *Leadings and Holy Obedience* from November 14th – 16th**. We will also consider the link between the inner growth of the Spirit and the external witnessing of Friends, and comprehending what is meant by turning one's life over to the Spirit: from "my will" to "thy will", and leading what Thomas Kelly calls a "God-intoxicated" life. Find out more at <http://www.quakercenter.org/leadings-and-holy-obedience/> and register early.

THE PEACE AND JUSTICE CALENDAR: A service of the Peace, Earthcare, and Social Witness Committee of Strawberry Creek Friends Meeting, this calendar is posted for easy reference: <http://groups.google.com/group/bayareaquakers>

CHILDCARE DURING MEETING FOR BUSINESS: During monthly Meeting for Worship on the Occasion of Business, childcare will be provided for all age children from 12:15 to 1:45 pm in the School House. The regular staff for the preschool program, Jadranka Tanovic and Sangeta Tamang, provide the childcare. Advance sign-up is not required, but children should be in the program by 12:30. (If no children show up, the staff will leave at 12:45.)

RIDES TO/FROM MEETING: Care and Concerns Committee keeps a list of people seeking rides and a list of people who are willing to offer rides to and/or from Meeting on either a regular or occasional basis. Contact anyone on the committee if you or someone you would like to be on either list.

FCL-CA : A report from FCLCA in Sacramento: The Legislature is wrapping up its work this month. Bills passed by both houses will be sent to the governor and all bills must be signed or vetoed by September 30 (if he does not sign or veto a bill by that date, it becomes law). **Senate Bill 1010, co-sponsored by FCLCA, to equalize the penalties between crack cocaine and powder cocaine, has passed the full Assembly by a vote of 50 to 19! Aye votes included 5 Republicans.** Unfortunately, our other co-sponsored bill, AB 1876, to change the egregious cost of phone calls for people detained in county facilities, did not pass out of the Senate Appropriations Committee and will not move forward. **An amazing turn of events:** FCLCA was the primary opposition to AB 2201, the bill that would have forced boys and young men to register for the draft in order to receive or renew a California driver's license. The bill was stopped in the Senate Appropriations Committee after concerns were raised about the mandatory nature of the bill and that it would discourage undocumented people from applying for driver's licenses (they are able to do so now after AB 60 passed last year) because their information would be shared with the federal government. **Thanks to your support of FCLCA, it will not move forward this year.** Contact: Kevan Insko, Kevan@fclca.org.

HELP CENTRAL AMERICAN REFUGEES WHILE YOU HELP YOURSELF: Reliable, hard-working men and women need jobs while they rebuild their lives. SBSC Job Hotline: (650) 494-8340.

To Submit Newsletter Items: See the Schedule on page 2 for the deadline for the next issue. You may *e-mail* Newsletter submissions to newsletter@pafm.org or moriii@yahoo.com If you wish to receive the newsletter by email - or wish to discontinue - please visit <http://lists.pafm.org/listinfo.cgi/newsletter-pafm.org>. [Ed.'s note: If you sign up to receive the Newsletter by email, make sure to put the following address in your email address book: moriii@yahoo.com. The NL is sent out from that address. Some email "Spam" filters may reject such a message if the sender address is unknown.]

If you have an e-mail address, please join our Meeting's e-mail discussion list. To subscribe - visit <https://mailman.stanford.edu/mailman/listinfo/pafriends>. To post a message to all on the list, send the message to pafriends@lists.stanford.edu. If you have any questions, contact Jerry McBride jlmcbriemail@yahoo.com 650-384-9817.



Follow steadfastly after all that is pure and lovely and of good report. Be prayerful. Be watchful. Be humble. Let no failure discourage you. When temptation comes, make it an opportunity to gain new strength by standing fast, that you may enter into that life of gladness and victory to which all are called.
~ *Ohio Yearly Meeting Book of Discipline, 1992*

Palo Alto Meeting manages a number of funds which have been established over the years for the benefit of the community. We publish a description of these funds annually. The descriptions follow.

**PALO ALTO FRIENDS MEETING
RELIGIOUS SOCIETY OF FRIENDS
Description of funds – for community use
Last updated May 2012**

Funds of Palo Alto Friends Meeting: As of January, 2012, Palo Alto Friends Meeting manages three funds for the benefit of members, attenders, and their families; two funds for the benefit of the Meeting as a whole; one fund to benefit special or emergency needs outside of the Meeting; and one fund each for use at the discretion of the Library Committee, Unity with Nature Committee, El Salvador Committee, and Stanford Student Group. Current balances for each fund are reported quarterly to our Meeting for Business by the treasurer.

Here are descriptions for each of these funds:

FUNDS FOR THE BENEFIT OF MEMBERS, ATTENDERS, AND THEIR FAMILIES

Education Fund - This fund is administered by the Care and Concerns Committee, formerly called the Oversight Committee. It is intended for Quaker related educational needs and/or scholarship for members, attenders and family members. There is a \$500 per person per year maximum limit for this fund. The applicant should explain the need fully including the requested amount and present the request either in person or in writing at a regularly scheduled Committee meeting. Decisions by the Committee are generally confidential on requests from individuals. More weight will be given to requests that have either a direct or indirect benefit to the Meeting as a whole. The fund can be used either for receiving or giving Quaker related educational materials, classes, workshops or other experiences. Some good examples of how this fund might be used are fees for a conference or program at Ben Lomond Quaker Center, purchase of books for a summer study series sponsored by Worship and Ministry or fees for a workshop that has some relation to Quaker faith and practice, but not necessarily sponsored by a Quaker organization (e.g. nonviolence training by CCCO). It is generally intended that this fund be used by individuals that would have difficulty accomplishing the particular educational experience without this help. A good test might be to ask, "Would I forego the experience if the money were not available?" – or asked another way – "Is the money an obstacle to my attendance?" In mid-2014 this fund held about \$196 with further funding expected, pending MfB approval.

Fund for Concerns - This fund was established several years ago by combining several small bequests. It too is administered by the Care and Concerns committee, formerly called the Oversight Committee. It is intended to help any member or attender to pay for expenses associated with service work in the community. The applicant should explain the need fully including the requested amount and present the request either in person or in writing at a regularly scheduled Committee meeting. The applicant would have a clearness committee since the person performing the service often represents our Meeting in a public way and should be helped to be an ambassador of Quaker values in the larger community. Although the clearness process is confidential, money distributed from this fund need not necessarily be kept confidential. In mid-2014 this fund held about \$1,150.

Sharing Fund - This fund is administered by the Care and Concerns Committee, formerly called the Oversight Committee. It is intended for personal emergency or hardship situations experienced by members or attenders. All discussions and decisions are confidential. The applicant should explain the need fully including the requested amount and present the request either in person or in writing at a regularly scheduled meeting of the Committee. Money distributed from this fund is usually in the form of a loan which will be repaid as mutually agreed upon between Committee and the applicant. In some cases a grant may be made with no expectation of repayment. We ask all recipients of money from the Sharing Fund to be mindful of the fact that money repaid to the fund can then be made available to others in need. Although there is no minimum or maximum limit on the amount of each request, the amount loaned or granted may not exceed the amount needed to cover the emergency or hardship situation. If necessary, due to the emergency nature of the request, either a special called meeting of the Committee can be held, or if that is not possible, then the clerk of the Meeting, the clerk of the Committee, and one other clerk must agree with

the request before the loan or grant can be given. The amount of the loan or grant is determined by the Committee balanced between each specific request, the overall needs of the larger Meeting community, and preserving part of the fund for future needs. It is not necessarily the case that the amount requested is the amount actually lent or granted. In mid-2014 this fund held about \$38,000.

FUNDS FOR THE BENEFIT OF THE MEETING AS A WHOLE

MAJOR MAINTENANCE RESERVE FUND – This fund has been set up for major maintenance and capital item replacement for our Meeting House, the Schoolhouse, and the property and grounds. These funds are used for expenses not covered by the annual Maintenance and Repair budget, which covers on-going expenses for maintenance. In our annual budget we also have a line for Major Maintenance or Capital Replacement; the amount budgeted is used for major maintenance or capital item replacement during the year, and any unspent balance at the end of the year is rolled over into this fund. Examples of typical uses of this fund are new roof, painting, carpeting, major landscaping, driveway paving, facility upgrades, and other capital expenses which are required at long time intervals, e.g., 5-30 years. The Buildings and Grounds Committee reports or clears uses of this fund at Meeting for Business. In mid-2014 this fund held about \$66,500.

Forsythe Memorial Building Fund – This fund was established by Minute 1998.27 at the Meeting for Business of the Seventh Month, 1998. The minute reads as follows: The Meeting approved the committee's recommendation that the Diana Forsythe bequest be kept in a segregated ledger account, that it be used for maintenance and/or improvements to the buildings and grounds, and that these moneys be used for improvements or major maintenance before meeting reserve funds be used for the same purpose. In mid-2014 this fund held about \$11,700.

FUND TO BENEFIT SPECIAL OR EMERGENCY NEEDS OUTSIDE OF THE MEETING

Special Needs Fund - This is to be used to help local, state, national or international organizations or individuals with important work consistent with Quaker values where a contribution from our Meeting can make a real difference. Any standing committee of the Meeting can request any amount up to and including the full amount remaining in the fund. The request is made at the Monthly Meeting for Business and is seasoned one month. It is not to be used for needs of our own Meeting, as those needs should be within our budget. This Fund is not used for recurring support to an organization. In mid-2014 this fund held about \$960.

FUND FOR USE AT THE DISCRETION OF THE LIBRARY COMMITTEE

Book Support Fund – This fund was established by a donor in order to purchase materials to enrich our library collections. The funds are intended to be used to purchase items that might not otherwise be possible from the annual Library budget. The Library Committee determines the uses of this fund and the Meeting for Business does not need to approve these expenditures. In mid-2014 this fund held about \$30.

FUND FOR USE AT THE DISCRETION OF THE UNITY WITH NATURE COMMITTEE

Environmental Education Fund – This fund is to be used under the considered discretion of the Unity with Nature Committee. The funds may be used as the Unity with Nature Committee deems most appropriate. Meeting for Business does not need to approve the expenditures but should be kept informed. Ideas on good uses of these funds are cordially invited from the meeting community, communicated via any member of the Unity with Nature Committee. In mid-2014 this fund held about \$1,860.

FUND FOR USE AT THE DISCRETION OF THE EL SALVADOR COMMITTEE

El Salvador Projects Fund – This fund is managed by the El Salvador Committee. Donors from around the country mail checks to the Palo Alto Friends Meeting designating the donation as either for general projects or for the Committee's university loan program. Funds are disbursed by the El Salvador Committee through the Field Director in El Salvador. No approval by Business Meeting is needed, but regular reports of income to and expense from this fund are given to Business Meeting by the treasurer. In mid-2014 this fund held about \$18,000.

FUND FOR USE AT THE DISCRETION OF THE STANFORD STUDENT GROUP

Stanford Student Group Fund – This fund is managed by the Stanford Student Quaker Group. This fund was established by Palo Alto Friends Meeting to enable the Quaker student group at Stanford to be reimbursed expenses as needed, including expenses of books, pamphlets, and special projects. No approval by Business Meeting is needed; the treasurer pays expenses of the Stanford students upon their request. In mid-2014 this fund held about \$500.