



Please think Green before printing this e-mail

PALO ALTO FRIENDS NEWSLETTER

Seventh Month, 2014

957 Colorado Avenue
Palo Alto, CA 94303
(650) 856-0744

Co-Clerks: George Mills and Eric Sabelman
clerk@pafm.org

Treasurer: **Forest Preston**
650-839-1077 forest.preston@gmail.com

Advices and Queries for Seventh Month: REACHING OUT

Friends fellowship begins and is nurtured within the home and Meeting. It reaches greater fulfillment as we carry our beliefs into the wider community.

Share your Quaker faith. Take time to learn about other people's experiences of the Light and, as you learn, give freely from what you have gained. Respect the experiences and opinions of others, but do not be afraid to say what you value. Welcome the diversity of culture, language, and expressions of faith in your Monthly Meeting, the Yearly Meeting, and the world community of Friends. Encourage discourse with Friends of pastoral and programmed traditions, and with members of other faiths.

Friends have a long history of involvement in public and private education, sharing our values with the world and nurturing future generations. Be mindful of the needs of children in your community and of avenues for deepening understanding between peoples.

How does my life reflect Friends beliefs and thus encourage others to be interested in the Religious Society of Friends?

Do I respond openly to inquiries about Quaker experience and belief?

What does our Meeting do to make others aware of Friends principles and practices?

What are we doing to help people of various races, cultures, and backgrounds feel at home among us and we among them?

How do we encourage newcomers to return and participate in activities of the Meeting?

In what ways do we participate in the life of the interfaith community and in the wider fellowship of Friends?

† Some queries are intended for individuals.
Italicized queries are intended for the Meeting collectively.

SUNDAY MORNING SCHEDULE

- 9:00 to 10:00 am Adult Education, New Meeting House (NMH), 1st & 3rd First Days & on 4th & 5th First Days by arrangement.
- 10:00 to 10:25 Hymn Singing at NMH.
- 10:30 to 11:30 Meeting for Worship at New Meeting House.**
- 10:30 to 11:15 First Day School for children in Old Meeting House (OMH – n.b., also now known as the “School House”).
- 11:15 to 11:30 Children join adults for Meeting for Worship in NMH
- 11:30 to 11:45 Introductions and announcements

MONTHLY MEETING FOR BUSINESS is held on the second First Day of the month, following light refreshments after Meeting for Worship. The next Business Meeting will be on July 13, 2014.

- WORSHIP SCHEDULE (in NMH):
- Meeting for Worship – each First Day at 10:30 AM.
 - Mid-Week Evening Worship – each Wednesday at 6:00 PM.
 - Mindfulness Meditation – each Wednesday at 7:30 AM.

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CALENDAR

JUN (6TH MONTH)

- 22 Sun noon Fourth First Day Provided Lunch – (see note below).
- 22 Sun 7:00 pm Adult Ed. – Discussion: “Emergence of the Quaker Movement...” – NMH (see note below).
- 30 Weds 7:30 am Mindfulness Meditation – NMH (see note below).
- 30 Weds 6:00 pm Midweek Meeting for Worship – NMH.**
- 6 Sun 9:00 am Adult Ed. – Reading & Discussion – NMH (see note below). **No Adult Ed this Sunday.**
- 29 Sun 10:30 - 11:30 am Meeting for Worship – NMH.**

29 Sun 7:00 pm Adult Ed. – Discussion: “Emergence of the Quaker Movement...” – NMH (see note below).

JUL (7TH MONTH)

2 Weds 7:30 am Mindfulness Meditation – NMH (see note below).
2 Weds 6:00 pm Midweek Meeting for Worship – NMH.
6 Sun 9:00 am Adult Ed. – Reading & Discussion – NMH (see note below).
6 Sun 10:30 - 11:30 am Meeting for Worship – NMH.
7 Sun 7:00 pm Adult Ed. – Discussion: “Emergence of the Quaker Movement...” – NMH (see note below).
9 Weds 7:30 am Mindfulness Meditation – NMH (see note below).
9 Weds 6:00 pm Midweek Meeting for Worship – NMH.
10 Thurs 7:00 pm Care and Concerns Committee Meeting – Library (see note below).
13 Sun 10:30 - 11:30 am Meeting for Worship – NMH.
13 Sun noon Light lunch provided prior to Meeting for Business - OMH.
13 Sun 12:15 pm Meeting for Business – NMH (see note above).
14-19 Mon-Sat PYM Annual Session
16 Weds 7:30 am Mindfulness Meditation – NMH (see note below).
16 Weds 6:00 pm Midweek Meeting for Worship – NMH.
20 Sun 9:00 am Adult Ed. – Reading & Discussion – NMH (see note below).
20 Sun 10:30 - 11:30 am Meeting for Worship – NMH.
20 Sun 11:45 am Collection for Ecumenical Hunger by Community Service Committee – NMH (see note below).
20 Sun [*Deadline for submittal of Newsletter articles - if email send to moriii@yahoo.com.*]
23 Weds 7:30 am Mindfulness Meditation – NMH (see note below).
23 Weds 6:00 pm Midweek Meeting for Worship – NMH.
27 Sun 10:30 - 11:30 am Meeting for Worship – NMH.
27 Sun noon Fourth First Day Provided Lunch – (see note below).
15 Sun 7:00 pm Adult Ed. – Discussion: “Emergence of the Quaker Movement...” – NMH (see note below).
25 Weds 7:30 am Mindfulness Meditation – NMH (see note below).
25 Weds 6:00 pm Midweek Meeting for Worship – NMH.
29 Sun 9:00 am Adult Ed. – Reading & Discussion – NMH (No session today, June 29).
29 Sun 10:30 - 11:30 am Meeting for Worship – NMH.
29 Sun 7:00 pm Adult Ed. – Discussion: “Emergence of the Quaker Movement...” – NMH (see note below).

CALENDAR EXPANSION – DETAILS

*** ADULT EDUCATION DISCUSSION: **Reading and Discussion** led by Henry Jason each 1st, 3rd, and 5th Sunday at 9 am – NMH. We are reading a 1794 work entitled “Some Account of the Convincement and Religious Progress of John Spalding, Late of Reading”. In this work Spalding describes his conversion from Anglicanism to Quakerism and his reasons for doing so. The work gives a good description of traditional, classical Quaker principles and beliefs. All are welcome. No preparation is necessary. Please inquire, if interested in acquiring a copy. Contact Henry Jason.
Additional Adult Ed sessions: “The Explosive Emergence of the Quaker Movement in Revolutionary England, 1640-1660.” Reading and Discussion Series led by Paul Seaver. Sunday evenings: June 22, 29 and July 6, 7:00 - 8:30 PM.

*** COLLECTION FOR ECUMENICAL HUNGER PROGRAM (EHP): Community Service Committee the EHP after the rise of Meeting each *third* First Day – at the front door. EHP is a vital part of the local safety net providing emergency food, clothing, case management, household essentials, and resource referrals to families in need in East Palo Alto, Menlo Park, and Palo Alto. Second Harvest brings a truckload of fresh produce 12 times a year. Meeting collected \$ in EHP contributions in June.

*** VOLUNTEER MEAL PREPARATION FOR HOMELESS - OPPORTUNITY FOR COMMUNITY SERVICE: We help prepare the food and serve it to the Homeless at the First Methodist Church in Palo Alto (corner of Hamilton & Webster) one Monday a month from 3:00 to 6:30 p.m. on 7/21, 8/25, 9/29, 11/3, and 12/8/14. Please contact Catherine Bock at tinki-bock@gmail.com if you wish to volunteer. Thanks!

*** WEDNESDAY MORNING MINDFULNESS MEDITATION: (formerly on Thursday morning) - newcomers welcome. Doors open at 7:30 am with quiet music. At 7:30 am, we have a short Buddhist guidance, and a half-hour meditation. Afterwards, we discuss how the meditation was for us, finishing at 8:15 or 8:30. We are following the teachings of the Vietnamese Buddhist monk, Thich Nhat Hanh, similar to Quaker philosophy but with additional insights. We discuss meditation technique, which is also helpful to people on Sunday!

*** FOURTH FIRST-DAY PROVIDED LUNCH: PAFM provides a lunch on **fourth** First Day. This allows Friends an opportunity to get to know each other better. Friends, attenders, visitors, and newcomers are all welcome.

A special table is set aside for newcomers to meet with Friends and find out more about Quakerism and about our Meeting, its members & activities, as well as an opportunity for us to know you better. A member of Care & Concerns will be at the table. All newcomers are welcome - as are any Friends who might be inclined to join the gathering. The term "newcomers" includes

those who have recently begun attending, as well as those who feel "new" to the Meeting, regardless of how long they have been attending.

*** SUPPORT & CONCERNS: If you have wondered what Friends do when we are in distress or need help, given that we do not have a minister - the answer is that we turn to members of the Care and Concerns Committee. Be advised that the greeters you see each First Day are on the Care and Concerns Committee. Please feel free to talk to a member of Care and Concerns about such concerns after meeting, by phone, or email. You may also join us to express concerns during the first segment of our usual meeting on the third Thursday of the month at 7 pm in the Meetinghouse Library. Please contact the clerk Bill Bauriedel (bill.bauriedel@stanfordalumni.org, 650-493-1364,) to confirm that there are no meeting changes and ensure time on the agenda.

*** Friends are reminded that there are those among us who have allergies, often severe. We must avoid certain food products especially in the School House because of the allergies of children attending Friends Nursery School. Some among us are also allergic to artificial fragrances (perfumes, colognes, after-shaves).

NEWS OF PEOPLE AND EVENTS

JULY 2014 NEWS FROM BEN LOMOND QUAKER CENTER: There are still openings for more campers in our *Peace Action Camp* from July 27th – Aug. 2nd in Carson City, Nevada at the McCleary Ranch for rising 10th - 12th grade teens. Stephen Myers, Mary Klein and Jim Summers are returning to co-facilitate, along with Katie and Kyle Chandler-Isaakson, to explore **Gandhian constructive program. Themes will include sustainable, low-impact living** as they relate to Friends' testimonies around peace, justice and environmental stewardship with inward and outward nonviolence, community service, and outdoor adventure. For more information visit <http://www.quakercenter.org/summer-youth-camps/> or call Bob or Kathy Runyan at Quaker Center at 831-336-8333 with questions.

Please join us for our annual **Family Work Camp from August 3rd – 8th**. This week of working, cooking, eating and playing together is the best family vacation deal out there! **All ages are welcome!** Together we'll work on improvements to Quaker Center facilities while building community among us. Please register online at <http://www.quakercenter.org/family-work-camp/>.

SAVE THE DATE! Aug. 9 Woolman Reunion and Celebration

THE PEACE AND JUSTICE CALENDAR: A service of the Peace, Earthcare, and Social Witness Committee of Strawberry Creek Friends Meeting, this calendar is posted for easy reference: <http://groups.google.com/group/bayareaquakers>

CHILDCARE DURING MEETING FOR BUSINESS: During monthly Meeting for Worship on the Occasion of Business, childcare will be provided for all age children from 12:15 to 1:45 pm in the School House. The regular staff for the preschool program, Jadranka Tanovic and Sangeta Tamang, provide the childcare. Advance sign-up is not required, but children should be in the program by 12:30. (If no children show up, the staff will leave at 12:45.)

RIDES TO/FROM MEETING: Care and Concerns Committee keeps a list of people seeking rides and a list of people who are willing to offer rides to and/or from Meeting on either a regular or occasional basis. Contact anyone on the committee if you or someone you would like to be on either list.

HELP CENTRAL AMERICAN REFUGEES WHILE YOU HELP YOURSELF: Reliable, hard-working men and women need jobs while they rebuild their lives. SBSC Job Hotline: (650) 494-8340.

FCL-CA Newsletter: Available on-line at: <http://www.fclca.org/images/stories/pdfs/fallnewsletter2013.pdf>

To Submit Newsletter Items: See the Schedule on page 2 for the deadline for the next issue. You may *e-mail* Newsletter submissions to newsletter@pafm.org or moriii@yahoo.com If you wish to receive the newsletter by email - or wish to discontinue - please visit <http://lists.pafm.org/listinfo.cgi/newsletter-pafm.org>. [Ed.'s note: If you sign up to receive the Newsletter by email, make sure to put the following address in your email address book: moriii@yahoo.com. The NL is sent out from that address. Some email "Spam" filters may reject such a message if the sender address is unknown.]

If you have an e-mail address, please join our Meeting's e-mail discussion list. To subscribe - visit <https://mailman.stanford.edu/mailman/listinfo/pafriends>. To post a message to all on the list, send the message to pafriends@lists.stanford.edu. If you have any questions, contact Jerry McBride jlmcbriedemail@yahoo.com 964-2869.

DIRECTORY CHANGE

Carin Pacifico has a new email address.



The spirit of Christ, by which we are guided, is not changeable, so as once to command us from a thing as evil and again to move unto it; and we do certainly know, and so testify to the world, that the spirit of Christ, which leads us into all Truth, will never move us to fight and war against any man with outward weapons, neither for the kingdom of Christ, nor for the kingdoms of this world.

*~ A DECLARATION FROM THE HARMLESS AND INNOCENT PEOPLE OF GOD, CALLED QUAKERS ~
George Fox, Gerald Roberts, Henry Fell, Richard Hubberthorn, John Boulton, John Hinde,
John Stubbs, Leonard Fell, John Furley Jnr., Francis Howgill, Samuel Fisher, Thomas Moore*